

Melbourne Junior School PSHE - Long Term Overview

	Autumn: Relationships			Spring: Living in the Wider World			Summer: Health and Wellbeing		
	Families and Friendships	Safe relationships	Anti-Bullying	Rights and Responsibilities	Diversity and Community	Economic Wellbeing	Healthy Lifestyles	Relationships and Sex Education	Keeping Safe and Managing Risk
Special Events we celebrate in school	Friendship month - September Black History Month - October Children in Need - November Remembrance Day - November Anti-bullying week- November			Holocaust memorial Day - January International Women's day - March Fair Trade fortnight - March Justice week - March Young Carer's Day - March Comic/Sport relief - March Neurodiversity Week - March			Earth Day - April Global Road safety week - May Mental health awareness week - May Young Money Week - June Empathy Day - June Pride Day - June		
LKS2	<ul style="list-style-type: none"> Feelings, emotions and morals Respecting yourself and others Positive and safe relationships Different types of relationships and families Managing hurtful behaviour and bullying and developing assertive skills Understanding how behaviour affects others 			<ul style="list-style-type: none"> Belonging to communities and roles, rights and responsibilities within these Recognising and celebrating diversity and being tolerant and respectful Understanding and challenging stereotypes British Values Making informed decisions as we grow up 			<ul style="list-style-type: none"> Decisions about money, spending and saving, charities and what might influence people's decisions about a job or career Different types of relationship Body parts, privacy and appropriate touch Changes, feelings and when not to keep secret Puberty and menstruation (Y4) Medicines, smoking, alcohol and managing risk Keeping healthy - physical and mental wellbeing 		
UKS2	<ul style="list-style-type: none"> Feelings, friendship skills, compromise, co-operation and assertiveness Conflict and resolution Recognising bullying, stereotyping, prejudice-based bullying and understanding bystander behaviour. Understanding about respect, pressure, trust, confidence and support 			<ul style="list-style-type: none"> Roles, rights and responsibilities within communities, including Human Rights Understanding the lives of others in the world and being tolerant and respectful British Values Making a difference in the world by helping others and the environment 			<ul style="list-style-type: none"> Decisions about earning and saving, lending, borrowing and spending Body parts, puberty and hygiene Dealing with changing emotions and self-esteem Appropriate touch, trust and pressure Body image, stereotypes and media influence 		

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	<ul style="list-style-type: none"> Helping others - First Aid (Y5) 						<ul style="list-style-type: none"> Conception and pregnancy (Y6) Drugs, alcohol, smoking and managing risk Managing difficult feelings and getting help 		
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Year 3	Kapow Wellbeing Anti-Bullying Yearly theme work SCARF Friendships			Diversity British Values Children's Mental Health Awareness Week Where in the World? Food around the World Perceptions of poverty			Money and Finances RSE & Health Education Growing and Changing Keeping Safe Mental and Physical Wellbeing		
Year 4	Kapow Wellbeing Anti-Bullying Yearly theme work Stonewall Different types of relationships and families			Rights and Respect Global Citizens Democracy			Money and Finances RSE & Health Education Growing and Changing Keeping Safe Mental and Physical Wellbeing		
Year 5	Feelings, friendships, conflict and resolution Anti-bullying Bystanders Trans and Homophobic bullying Black History Month British Red Cross - First Aid			Diversity British Values Neurodiversity Week Global Food and Fair Trade Children's Rights			Money and Finances RSE & Health Education Growing and Changing Keeping Safe Mental and Physical Wellbeing		
Year 6	Friendships, Safe Relationships, Well-being			Protected Characteristics and Hate Crime cont.			Money and Finances		

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	<p>Anti-Bullying Alright Charlie? Protected Characteristics and Hate Crime</p> <p>Immigration</p>	<p>British Values - Democracy</p> <p>Human Rights</p>	<p>RSE & Health Education Growing and Changing Keeping Safe Mental and Physical Wellbeing</p>
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In addition, online safety is taught through Computing in all year groups every term.

Some themes overlap and are taught within other areas of the curriculum or different terms, dependent on where they fit within the wider curriculum.