

Melbourne Junior School PSHE - Medium Term Overview - Year 3 (Y3/4 2022-23)

	Autumn: Relationships			Spring: Living in the Wider World			Summer: Health and Wellbeing		
	Families and Friendships	Safe relationships	Anti-Bullying	Rights and Responsibilities	Diversity and Community	Economic Wellbeing	Healthy Lifestyles	Relationships and Sex Education	Keeping Safe and Managing Risk
Special Events we celebrate in	Friendship month - September Black History Month - October Children in Need - November Remembrance Day - November Anti-bullying week- November			Holocaust memorial Day - January International Women's day - March Fair Trade fortnight - March Justice week - March Young Carer's Day - March Comic/Sport relief - March Neurodiversity and Down Syndrome Day- March			Earth Day - April Global Road safety week - May Mental health awareness week - May Young Money Week - June Empathy Day - June Pride Day - June		
LKS2	<ul style="list-style-type: none"> • RSE Mental wellbeing • RSE Caring and respectful relationships • Feelings, emotions and morals • Respecting yourself and others • Positive and safe relationships • Managing hurtful behaviour and bullying and developing assertive skills • Understanding how behaviour affects others 			<ul style="list-style-type: none"> • Belonging to communities and roles, rights and responsibilities within these • Recognising and celebrating diversity and being tolerant and respectful • Understanding and challenging stereotypes • British Values • Making informed decisions as we grow up 			<ul style="list-style-type: none"> • Decisions about money, spending and saving and charities • Different types of relationship • Body parts, privacy and appropriate touch • When to keep a secret and when not to • Changes and feelings • Puberty and menstruation (Y4) • Medicines, smoking, alcohol and managing risk • Keeping healthy - understanding physical and mental wellbeing 		
Year 3	<p>Lessons 1-4 Kapow Wellbeing lessons</p> <p>Identify ways of responding to others when they are upset by offering support or giving space.</p> <p>Connect with others about their interests or hobbies and understand how actions can affect people.</p> <p>Take notice of local environment, apply strategies to improve an area and identify the benefits of voluntary work.</p>			<p>Lessons 1-5 British Values - Finding out about all of the values and creating a leaflet</p> <ol style="list-style-type: none"> 1. Democracy 2. Rule of Law 3. Individual Liberty 4. Respect 5. Tolerance <p>Lesson 6 activity for Children's Mental Health Awareness week.</p>			<p>Money and Finances - PSHE Association values money and me</p> <p>1. I want it resource- pocket money, spending and saving</p> <p>RSE and Health Education lessons based on SCARF</p> <p>Growing and Changing</p> <ol style="list-style-type: none"> 1. Different types of relationships (Relationship Tree) 		

Lesson 5 linked to the Anti-bullying yearly theme

Lessons 6-8 Relationships - SCARF

Co-operation, friendship, respectful relationships

-looking after our special people

-Friends are special

-How can we solve this problem?

Finding out about produce from around the World- the book 'The World Came to my Place Today'

7. Where in the World does our food come from?

8. Images and perceptions of poverty

2. Appropriate touch and NSPCC PANTS (Body Space)

3. When to keep a secret and when not to (Secret or Surprise?)

Keeping Myself Safe

4. Smoking and alcohol (Alcohol and Cigarettes: the facts)

5. Medicines (Help or Harm?)

Healthy Eating and Health

6. Derek cooks dinner!

7. Poorly Harold