

Melbourne Junior School PSHE - Medium Term Overview - Year 6

| | Autumn: Relationships | | | Spring: Living in the Wider World | | | Summer: Health and Wellbeing | | |
|--------------------------------|---|--------------------|---------------|---|-------------------------|--------------------|--|---------------------------------|--------------------------------|
| | Families and Friendships | Safe relationships | Anti-Bullying | Rights and Responsibilities | Diversity and Community | Economic Wellbeing | Healthy Lifestyles | Relationships and Sex Education | Keeping Safe and Managing Risk |
| Special Events we celebrate in | Friendship month - September Black History Month - October Children in Need - November Remembrance Day - November Anti-bullying week- November | | | Holocaust memorial Day - January International Women's day - March Fair Trade fortnight - March Justice week - March Young Carer's Day - March Comic/Sport relief - March Neurodiversity and Down Syndrome Day- March | | | Earth Day - April Global Road safety week - May Mental health awareness week - May Young Money Week - June Empathy Day - June Pride Day - June | | |
| UKS2 | <ul style="list-style-type: none"> RSE Mental wellbeing RSE Caring and respectful relationships Feelings, friendship skills, compromise, co-operation and assertiveness Conflict and resolution Recognising bullying, stereotyping, prejudice-based bullying and understanding bystander behaviour. Understanding about respect, pressure, trust, confidence and support Helping others - First Aid (Y5) | | | <ul style="list-style-type: none"> Roles, rights and responsibilities within communities, including Human Rights Understanding the lives of others in the world and being tolerant and respectful British Values Making a difference in the world by helping others and the environment | | | <ul style="list-style-type: none"> Decisions about what might influence people's decisions about a job or career Decisions about earning and saving, lending, borrowing and spending Body parts, puberty and hygiene Dealing with changing emotions and self-esteem Appropriate touch, trust and pressure When to keep a secret and when not to Body image, stereotypes and media influence Conception and pregnancy (Y6) Drugs, alcohol, smoking and managing risk Managing difficult feelings and getting help | | |
| Year 6 | Lessons 1-4 Kapow Wellbeing lessons Discuss current and future goals and explain strategies that could help reach them. Explain how a person can contribute positively to their community. Identify acts of kindness that can help or support others. | | | Lessons 1-2 British values - Racist and Religious Hate Crime -To have mutual respect and tolerance of those with different faiths and beliefs. -Know that other people having different faiths and beliefs to oneself should be accepted and tolerated and should not be the cause of prejudicial or discriminatory behaviour. | | | Money - White Rose money FUTURES and Young Money Week - Maths after SATS 1. Annual salary 2. Hourly rates 3. Bills 4. Mortgages 5. Houses and budgeting | | |

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Define what makes an authentic apology and reflect on how their actions can impact other people's feelings.

Identify activities for and recognise the benefits of self-care.

Lesson 5 - Anti-bullying lesson based on yearly theme.

Lessons 6-8 Sexual exploitation - Alright Charlie? (Part of Computing too) from a separate resource (paper based with CD).

- Recognising when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong.
- To know when to keep and when to break a confidence and recognise when a relationship might be unhealthy and what to do if they need support.

Lessons 9-10 Immigration and refugees based on Go Givers and Syrian refugee diaries (I player)

- Immigration: Coming to Britain
- Seeking Refuge
- The Immigration Debate

Visitor - Red Cross - Immigration and Refugees? Or online workshop we can book.

Class read - Welcome to Nowhere (Syrian refugee)?

Crown Prosecution Service pack (paper based with CD) - films and activities. CHECK VIDEOS & ONLY WATCH SUITABLE ONES (language)

Lessons 3 and 4 - Democracy based on Go Givers, current news and the UK parliament pack (BUILDS ON Y4)

- Understand Britain's democratic parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain.

Lessons 5 and 6 - Human Rights Go Givers and Oxfam

- To understand that everyone has human rights, and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child.

RSE and Health Education lessons based on SCARF

Growing and Changing

1. Emotions and dealing with them (Helpful or unhelpful? Managing change)
2. Body image, stereotypes and media (I look great! & Media Manipulation)
3. Pressure and appropriate touch (Pressure Online)
4. Body parts, puberty and hygiene (Is this normal?)
5. Conception and pregnancy (Making Babies)

Keeping Myself Safe

6. Drugs (What sort of drug is...? & Drugs: it's the law)
7. Alcohol (Alcohol: What is normal?)

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